

South Whidbey Resources



Clinton • Langley • Freeland

A guide to FREE and low-cost services and support for individuals and families within the South Whidbey School District.

Updated August 22, 2021

Food and Free Meals

Good Cheer Food Bank Bayview
2812 Grimm Rd, 360.221.4868. Staff shoppers help fill household grocery needs. Mon to Fri 10am-4pm. Downloadable shopping list: goodcheer.org

The HUB After School Langley
301 Anthes Ave, United Methodist Church basement, 360.221.0969. FREE food and after school activities, middle and high school youth. Mon, Tues, Thurs and Fri 1:15-5pm. thehubafterschool.org

Island Church Soup Kitchen Langley
503 Cascade Ave, 360-221-6980. Tue and Thu 11am-1:30pm. islandchurchofwhidbey.org

Mobile Turkey Unit South Whidbey
360.321.9782. Thanksgiving meals. mobileturkeyunit.com

Meals on Wheels Whidbey
360.321.1600 or 360.678.3373, Island County Senior Resources. Serves meals to anyone 60+ who cannot leave home without assistance. Mon, Wed, and Fri, 11-1pm. senior-resources.org/meals-on-wheels

Ryan's House Coupeville
19777 SR 20, 360.331.4575. Food and drop-in youth center, ages 12 to 24. ryanshouseforyouth.org

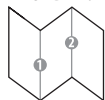
Spin Café Oak Harbor
555 SE Regatta Dr, St. Stephen's Episcopal Church, 360.682.5949. To-go meals, Mon to Fri 6:30am-5:30pm. Sack meals at 256 Bayshore Dr, Ramaley Park, daily 12:15-1:15pm. spincafeoh.org

St Anthony's Soup Kitchen Langley
804 3rd St, St. Hubert Catholic Church, 360.221.5383, sthubert@whidbey.com. Wed 11am-2pm. A Smile & A Meal deliveries, Fri afternoons. sthubertchurch.org

Whidbey Island Nourishes South Whidbey
360.221.7787, winourishes@whidbey.com. FREE school-year weekend meal program or weekly ready-to-eat lunches; contact WIN to enroll. Self-serve sack lunches available upon request from Good Cheer Food Bank. whidbeyislandnourishes.org

Women, Infants & Children Langley
5475 Maxwellton Rd, Parks & Rec Office, 360.221.8880. FREE food, education, and nutrition program for pregnant, new moms, young children, dads are welcome too! Thu by appointment. doh.wa.gov/YouandYourFamily/WIC

FOLD IT!



SCAN IT!



Fold like a "Z" along lines 1 and 2, then fold in half, and put it into a pocket. Scan this code to save the most recent updated guide to your smart device.

Designed and distributed for FREE by Windswept Isles Consulting, which is interested in working with community-minded partners to design and distribute other low income resources guides throughout Northwest Washington. For more information, updates to this guide, or an emailed PDF copy, please contact windsweptisles@whidbey.com.

- Call 2-1-1 for information on other essential community services and supports.
- Call 9-1-1 for emergency services, if you or someone near you is experiencing a life threatening situation.

Housing and Shelter

CONTACT THIS RESOURCE FIRST! 105 NW 1st St, 360.678.8284. Assists homeless or at risk of being homeless. Staff help determine programs or service providers to best accommodate needs. Call or walk in, Mon to Fri 9am-3pm.

Fairgrounds Campground Langley
819 Camano Ave, 360.221.7950, fgdir@portofsouthwhidbey.com. Year-round tent (20 sites) and RV (30 sites) camping with bathrooms and showers available. Office open daily 8am-4pm. See site for details: portofsouthwhidbey.com

Ryan's House for Youth Coupeville
19777 SR 20, 360.331.4575. Drop-in center and shelter, homeless and independent youth 12 to 24. Mon to Fri 7am-7 pm. Supply Van and Host Family Programs available. ryanshouseforyouth.org

Whidbey Homeless Coalition Langley
723 Camano Ave, Community Center, 360.900.3077, whidbeyhomeless.org. Offers housing support, including:

- **The Haven** Oak Harbor
540 SE Pioneer Way, Grace by the Sea Anglican Church. Night-to-night shelter, open yearround. For adults and children with a parent. Check-in daily 5:45-6:15pm. *Only bring what can store under a cot!*
 - **House of Hope** Langley
Contact the Housing Support Center in Coupeville for referral. 90-day shelter for families and single adults.
- Oxford Houses** Whidbey, oxfordvacancies.com
- **Men** 360.246.4101 or 360.526.1088.
Self-supported addiction recovery house.
 - **Women & Children** 360.682.6955 or 360.720.9970. Self-run, peer support in a drug and alcohol free environment.

Clothing and Supplies

Family Resource Center Langley
723 Camano Ave, SW Community Center, 360.221.6808x4321. Resources and support for students and families. *Back to School, Ready for Rain, Holiday House* and other projects. Mon to Thu 9am-5pm, or by appointment. readinesstolearn.org

Forgotten Treasures NW Freeland
1664 Main St, 360.331.0130, Mon, Wed, and Fri 10am-5:30pm, closed Sun to Tue.

Garage of Blessings Oak Harbor
800 SE Barrington Dr, 360.679.1239. FREE household goods, toiletries, school supplies, baby & kid items, coats, birthday supplies, classes, mentoring and more. Mon, Wed, and Fri 11am-3pm. thegarageofblessings.com

Good Cheer Langley
Anthes Ave and 2nd St, 360.221.6455. Tue to Sat, noon-5pm. goodcheer.org

Good Cheer Too Ken's Korner
11042 SR 525, 360.341.2880. Tue to Sat, noon-5pm. goodcheer.org

Habitat for Humanity Freeland
1592 Main St, 360.331.6272. Furniture and building supplies. Mon to Sat 10am-5pm. islandcountyhabitat.org

Second Hand Booty Clinton
4777 Commercial St, 206.552.4904, Tue to Sat 11am-5:30pm.

Senior Thrift Freeland
5518 Woodard Ave, 360.331.5701. Thu to Sat 10am-4pm, Sun 11am-4pm. senior-resources.org

WAIF Freeland Thrift Freeland
1660 Roberta Ave, behind Heritage Bank, 360.321.9243x1600. Mon to Sat 10am-5pm, Sun 11am-4pm. waifanimals.org

Cleaning and Showers

All Washed Up Laundromat Langley
630 2nd St #C, 360.221.5838. Daily 7am-9pm.

Harbor at Langley Langley
228 Warf St, Restrooms with showers, 25 cents for two minutes. Daily 10am-5pm.

Island Athletic Club Freeland
5522 Freeland Ave, 360.331.2582. \$17.40 fee, FREE with a club member guest pass. Mon to Thu 6am-7pm, Sat 8am-2pm, closed Sun.

Ryan's House for Youth Coupeville
19777 SR 20, 360.331.4575. Showers and laundry facilities for youth 12 to 24. ryanshouseforyouth.org

SPIN Café Oak Harbor
75 SE Barrington Dr, Dutch Maid Laundry and Dry Cleaning, 360.682.5949. Thu 6:15-8am. spincafeoh.org

Financial Support

Goosefoot Langley
5611 Bayview Rd, Bayview School Building, 360.321.4145. Offers various business development workshops throughout the year. goosefoot.org

Helping Hand of S Whidbey Freeland
18341 SR 525, 360.221.7777, call for appt. Emergency help w/MDITH household bills. helpinghandofsouthwhidbey.org

Work Source Whidbey Oak Harbor
265 NE Kettle, #102, 360.675.5966. In-person services by appointment only.

Opportunity Council Oak Harbor
231 SE Barrington Ave, 800.317.5427 or 360.679.6577. Basic needs, childcare resources, food/nutrition, home energy, housing, and job skills/money management assistance. Mon to Fri, 9am-4pm. oppco.org

Transportation

All Island Express Taxi Clinton
360.341.8294. Taxi and charter services. allislandexpress taxi@hotmail.com

Island Transit Whidbey
360.678.7771. FREE bus service on Whidbey and Camano. Mon to Fri regular routes, Sat limited routes. Sun no service. Paratransit options available. islandtransit.org

Safe Ride Home Whidbey
360.395.8714, Emergency rides only, safe, confidential, by donation. saferidehomewhidbeyisland.com

South Whidbey Taxi Clinton to Coupeville
360.678.6666, See website for rates and reservation options. southwhidbeytaxi.com

Washington State Ferries Whidbey
888.808.7977. 7am to 5:30pm daily. wsdot.wa.gov/ferries

- **Clinton to Mukilteo**. Sails about every 30 minutes, 4:40am-11:45pm.
- **Coupeville to Port Townsend**. Sails about every 90 minutes, 7:15am-9:10pm.

Whidbey SeaTac Shuttle Whidbey
877.679.4003 or 360.679.4003. Shuttles and charters from Whidbey to SeaTac and Paine Field. seatacshuttle.com

Social Connections

211 or 877.211.9274 Statewide
Contact 24/7 for confidential support and information on services including: food, housing, utility bills, health, child care, elder care, crisis intervention, volunteering, and more. wa211.org

Big Brothers Big Sisters Oak Harbor
913 E Whidbey Ave, 360.279.0644. Provides peer

mentorship by matching volunteers and youth in the community. Mon to Thu 9am-5pm, Fri by appt. bbbsislandcounty.org

The HUB After SchoolLangley
301 Anthes Ave, United Methodist Church basement, 360.221.0969. Safe, supportive after school social activities, middle to high school youth. Mon, Tues, Thurs and Fri 1:15-5pm. thehubafterschool.org

Island Senior Resources.....Bayview
14594 SR 525, 360.321.1600. Aging and disability resources, Community education and events, In-home case management Medicare advising, Nutrition programs, Volunteer medical transportation, and Virtual support groups for anyone 50+. Mon to Fri 8:30am-4pm. senior-resources.org

Machine Shop.....Langley
630 Second St, 425.367.3319. Family friendly classic pinball and arcade games, live music, and local artwork. Thu 3-8pm, Fri and Sat 3-10pm, Sun 3-6pm. themachineshop.org

PFLAGWhidbey
Individuals, family members and allies of the LGBTQ community. pflagwhidbeyisland.org

Ryan's House for YouthCoupeville
19777 SR 20, 360.331.4575. Mediation, case management, support groups, counseling, and more. Ages 12 to 24 only. ryanshouseforyouth.org

Sno-Isle Libraries.....sno-isle.org
In addition to books, community libraries offer many FREE in-person and contact-free resources: education programs, Wifi, computers, printing, information research and more.

- **Clinton**4781 Deer Lake Rd
360.341.4280. Tue to Sat 10am-6pm.
- **Coupeville**788 NW Alexander St
360.678.4911. Mon to Sat 10am-6pm, Sun 1-5pm.
- **Freeland**5495 Harbor Ave
360.331.7323. Mon to Sat 10am-6pm, Sun 1-5pm.
- **Langley**.....104 2nd St
360.221.4383. Mon and Wed 10am-7pm, Tue, Thu, Fri, and Sat 10am-6pm.
- **Oak Harbor**.....1000 SE Regatta Dr
360.675.5115. Mon, Wed, Fri and Sat 10am-6pm, Tue and Thu 10am-8pm, Sun 1-5pm.

South Whidbey Community CenterLangley
723 Camano Ave, 360.221.0663. A place for families, schools, and community to collaborate, learn, and celebrate. southwhidbeycommunitycenter.org

Veterans Resource CenterLangley
723 Camano Ave, 360.331.8081. Events, Ride-Link, Support Groups, and VA Benefits Assistances. Mon and Wed 2-5pm, Sat 9am-1pm. whidbeyvrc.org

Veterans ServicesCoupeville
105 1 St St NW, 360.678.7805. Mon to Fri 8am-4:30pm. islandcountywa.gov

WhidbeyTel Phone BoothsSouth Whidbey
FREE calls to local WhidbeyTel numbers at various locations in Clinton, Langley, Freeland, and Greenbank. *Must dial area code 360 then local number.*

Health and Wellness

Counseling ConnectionsCoupeville
360.678.7882. Links low-income people with mental health services. *In crisis? Call 800-584-3578.*

Compass Healthcompasshealth.org

- **Coupeville**20 NW 1st St
360.678.5555. Not currently accepting new referrals. Adult, child, and family services.
- **Oak Harbor**.....230 SE Cabot Dr #3
360.682.4100. Children's Wraparound Intensive Services.

Citizens Against Domestic AbuseWhidbey
800.215.5669, 360.675.2232, 24-hour crisis lines. FREE confidential help for victims of domestic violence, sexual abuse, elder abuse, stalking, child abuse or neglect. cadacanhelp.org

Friends of Friends.....South Whidbey
360.221.4535. Medical-related expense assistance: prescriptions, equipment, lab fees, appointments, and transportation for treatments. Paid to service providers, no reimbursement for previously paid services. fomedicalsupportfund.org

Island Senior Resources.....Bayview
14594 SR 525, 360.321.1600. Medical equipment lending library. Mon, Wed and Fri, 1-4pm. senior-resources.org

Lions Club.....coupevillelions.org & ohlions.org
Eyeglasses: 360.320.7066. Hearing aids 360.320.0161. Medical equipment loans: clmedical19@gmail.com or 360.678.4105.

Sea MarOak Harbor, seamar.org

- **Dental Clinic**, 31775 SR 20, #A-3,
360.679.9216. Mon to Fri, 8am-5pm.
- **Behavioral Health Clinic & Medication Assisted Treatment**, 31640 SR 20, #1,
360.679.7676. Mon to Fri, 8am-5pm.

Sunrise ServicesOak Harbor
530 NE Midway Blvd, 360.544.3800. Behavioral health support. sunriseservicesinc.com

Washington Apple HealthStatewide
855.923.4633. Low-cost and FREE health care coverage. wahealthplanfinder.org

Whidbey Health Walk-in ClinicClinton
360.341.5252. Medical providers, staff, x-rays, and lab services are available without an appointment. Mon to Fri 7am-7pm, Sat 9am-4pm, Sun, noon-4pm. whidbeyhealth.org/clinics

Child and Family Care

Access to Baby and Child DentistryWhidbey
360.544.2371. First birthday, first tooth, first dental visit. FREE up to age 6 with Washington Apple Health.

Child Care Check.....Statewide
Search for child care providers, license status, referral information, and more. findchildcarewa.org

ECEAPLangley, skagit.edu/eceap
5830 Maxwellton Rd, 360.221.6808x2701. The Early Childhood Education & Assistance Program offers FREE, low-income, preschool for children ages 3 to 5.

Mother Mentors.....Whidbey
360.321.1484, 888.265.6151. FREE one-on-one mentoring, gatherings, and play events support for mothers, fathers, and other parental caregivers. mothermentors.org

- **Play and Learn**.....Langley
5476 Maxwellton Rd, South Whidbey Elementary School South Campus. Birth to 5. Tue, Wed and Fri, 9:30-11am.
- **Baby Me & We**.....Langley
5476 Maxwellton Rd, South Whidbey Elementary School South Campus. Parent Support Birth to 16 months. Tue 12:30-2pm.
- **Play and Learn**.....Oak Harbor
1148 SE 8th Ave, Whidbey Presbyterian Church. Birth to 5. Tue and Wed, 9:30-11am.
- **Play and Learn Birth to 3**Oak Harbor
950 E Regatta Dr, Toddler Learning Center. Birth to 3. Fri 9:30-11am.
- **Baby Me & We**.....Oak Harbor
1148 SE 8th Ave, Whidbey Presbyterian Church. Birth to 5. Parent Support Birth to 16 months. Wed 12:30-2pm.

Pregnancy Care ClinicOak Harbor
670 SE Midway Blvd, 360.675.2096. FREE diapers, formula, baby food, clothing, and confidential pregnancy support for individuals and families. Tue and Thu 10am-4pm, Wed noon-7pm. islandspcc.org

South Whidbey Children's CenterLangley
120 6th St, 360.221.4499. Early childhood care for ages 1 to 5-1/2, and After school care Kindergarten to 5th Grade. swchildrenscenter.com

Toddler Learning Center.....Oak Harbor
950 SE Regatta Dr #101, 360.679.1039. Therapy, education, and parent support for children with developmental delays, ages 0 to 36 months of ages. tlcwhidbey.org

Education and Schools

South Whidbey School DistrictLangley
5520 Maxwellton Rd, sw.wednet.edu

District Office360.221.6100
Transportation360.221.5209

- **Elementary K-4**360.221.4600
- **Elementary 5-6 and K-6 Academy Program**360.221.5100
- **High School 9-12 and Middle School 7-8**360.221.4300
- **High School Academy Program**360.221.7878

Island Christian Academy.....Langley
5373 Maxwellton Rd, 360.221.0919. Preschool to 12th grade. islandchristianacademy.com

Wellington Day School.....Bayview
5719 Pioneer Park Pl, 360.341.1252. Preschool to 8th grade, after school program, plus home schooling. wellington.school

Whidbey Island Waldorf SchoolClinton
6335 Old Pietila Rd, 360.341.5686. Preschool to 6th Grade for 2021-22. wiws.org

Woodhaven High School.....Langley
723 Camano Ave, 360.227.6738. Waldorf inspired high school. woodhavenhs.org

Coupeville School District.....Coupeville
501 S Main St, 360.678.2400. Schools include elementary, middle, and high school, as well as an alternative school program. coupeville.k12.wa.us

Oak Harbor SchoolsOak Harbor
350 S Oak Harbor St, 360.279.5000. Schools include early learning, five elementary schools, two middle schools, a high school, an alternative school and a home school program. ohsd.net

Skagit Valley CollegeOak Harbor, skagit.edu
1900 SE Pioneer Way, 360.675.6656. Offers both adult and high school education programs. Mon to Thu 9am-5pm.

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