

# RTL READINESS TO LEARN

In response to COVID-19, RTL's Virtual Family Resource Center is being updated daily! Please feel free to call the Family Resource Center at 360-221-6808 ext. 4321 and leave a message. You can also email the Family Resource Center here - [rtfprograms@readinesstolearn.org](mailto:rtfprograms@readinesstolearn.org).

## **FOOD RESOURCES:**



### **WHIDBEY ISLAND NOURISHES (W.I.N.)**

<https://www.whidbeyislandnourishes.org/>

To sign up for WIN meals for the first time call **360-221-7787**, or email [winourishes@whidbey.com](mailto:winourishes@whidbey.com) with name, address, kids' names / ages, phone number, and any allergies.



### **GOOD CHEER FOOD BANK -**

**2812 Grimm Road, Langley 98260**

To sign up for help over the phone, call **360-221-4868** and ask for Karen; until further notice, Good Cheer will be using a checklist to help fill your grocery needs, which is on the above website.



### **SOUTH WHIDBEY SCHOOL DISTRICT'S COVID-19 MEAL PROGRAM Pick-Up**

**Location - 5675 Maxwellton Road**

[https://docs.google.com/forms/d/e/1FAIpQLSfO6kUYk9KBQ57mdZj7uCe7RWILJms\\_zFPpDWWQPIOA\\_NtRg/viewform](https://docs.google.com/forms/d/e/1FAIpQLSfO6kUYk9KBQ57mdZj7uCe7RWILJms_zFPpDWWQPIOA_NtRg/viewform)

To sign up for Grab & Go Meals, place your order by filling out the form at the above website. If you cannot access the form, please contact Rachael Mathews at **360-221-0617**, or email [rmathews@sw.wednet.edu](mailto:rmathews@sw.wednet.edu) to place your request.



### **WOMEN, INFANTS, CHILDREN (WIC)**

<https://www.islandcountywa.gov/Health/CFH/S/Pages/WIC.aspx>

WIC Staff continues to provide WIC services by phone or video chat. Please phone or text to **360-544-2239**. Or call, **360-240-5554, Ext. 46**

**ISLAND CHURCH OF WHIDBEY - TUESDAYS & THURSDAYS**, 12pm to 1:30pm, walk-up / drive-thru lunch at 503 Cascade Ave in Langley.

### **ST. HUBERT'S CATHOLIC CHURCH**

**WEDNESDAYS** starting at 11:30am, Soup To Go at St. Hubert, located at 804 3rd St in Langley

## HOUSING RESOURCES:



Governor Inslee signed a bill putting a moratorium on rental evictions, starting 3/18/20. If you need legal help, call CLEAR at 1-888-201-1014. Seniors can call 1-888-387-7111.



ISLAND COUNTY HOUSING SUPPORT CENTER  
<https://www.islandcountywa.gov/Humanservices/Pages/Housing-Support-Center.aspx>

First stop if you are facing eviction and / or housing crisis. Call **360-678-8284**, or email [d.brower@islandcountywa.gov](mailto:d.brower@islandcountywa.gov).

Hours are Mondays through Fridays from 9:00am to 3:00pm, feel free to leave a message.



THE HAVEN operated by WHIDBEY HOMELESS COALITION

<https://whidbeyhomeless.org/the-haven>

A night-time shelter for adults and kids with adults. Transportation, snacks, and breakfast provided. Located at 540 SE Pioneer Way in Oak Harbor. Main Office **360-900-3077**.

## CHILDCARE RESOURCES:



BOYS and GIRLS CLUB in the COUPEVILLE ELEMENTARY

<https://bgcsc.org/snohomish-clubs/coupeville-club/>

Starting April 1st, discounted all-day childcare, \$25 per day, and \$125 per week. Call **360-678-5640** for more information.

## UTILITIES RESOURCES:



PUGET SOUND ENERGY

<https://www.pse.com/press-release/detail/s/learn-about-our-covid-19-response-plan>

Puget Sound Energy is suspending late fees and will not be disconnecting power at this time. Call to make a payment plan, **1-888-225-5773**.

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## **MENTAL HEALTH RESOURCES:**



### **ISLAND COUNTY OUTREACH MENTAL HEALTH CALL LINE**

OPEN WEEKDAYS from 10:00am to 8:00pm, and WEEKENDS from 9:00am to 5:00pm. Call **360-678-2346**.

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## **UNEMPLOYMENT RESOURCES:**



### **EMPLOYMENT SECURITY DEPARTMENT**

<https://esd.wa.gov/>

If you are temporarily laid off from work you should file for unemployment benefits and apply for standby status (full-time or part-time). Emergency rules allow workers to request up to 12 weeks of standby.

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## **HOTLINES:**

**CADA (CITIZENS AGAINST DOMESTIC ABUSE)** is ISLAND COUNTY'S domestic violence and sexual assault agency. **24-HOUR CRISIS LINE:** Call **360-675-2232, or 800-215-5669**

**WASHINGTON STATE HOTLINE** - Local services for mental health assistance  
Call 2 - 1 - 1

**SAMHSA (Distress Helpline)**  
Call 1-800-985-5990

**TEEN LINK (For Teens)**  
Call 1-866-TEENLINK

**NATIONAL SUICIDE PREVENTION LIFELINE (Suicide Prevention)**  
Call 1-800-273-8255

**WASHINGTON RECOVERY HELPLINE** - A 24-Hour, Anonymous Helpline for Washington State Residents experiencing substance abuse disorders, problem-gambling, and mental health challenges.  
Call **1-866-789-1511**