

South Whidbey Resources

UPDATED 02-15-2025

A guide to free and low-cost family-friendly resources.

Food & Nutrition

Basic Food 877-501-2233
Community Services Office, 275 Pioneer Way #201, Oak Harbor, Mon-Fri 8-5pm, washingtonconnection.org

Bayview 5642 Bayview Rd, Langley
Farmers Market. April-Oct, Sat 10am-2pm

Good Cheer Food Bank 360-221-4868
2812 Grimm Rd, Langley. A shopping model that provides food to anyone in need, offers connections to other resources, Mon-Fri 10am-4pm, goodcheer.org

The HUB After School 360-221-0969
301 Anthes Ave, Langley. Food and activities to middle and high school youth. Mon/Tue/Thu/Fri 2-6pm, Wed 1-6pm, thehubafterschool.org

Island Church of Whidbey 360-221-6980
Soup Kitchen, 503 Cascade Ave, Langley. Tue/Thu 11:30am-1pm, icwhidbey.org

Island Senior Services 360-321-1600

- **Take-Out Meals**. Call to arrange pick-up Mon/Wed
- **Brookhaven Community Meals**, 150 4th St, Langley. Thu 5:00-5:45pm
- **Leo's Place Community Meals**, 14594 SR 525, Langley. Tue/Wed 11:45am-12:30pm
- **Meals on Wheels** 360-672-6416
meals@island seniorservices.org, noon home delivery.

Queen-Bee Pantry Find on Facebook
3676 Smugglers Cove Rd, Greenbank. Daily 10-4.

Ryan's House for Youth 360-331-4575
19777 SR 20, Coupeville Fun, food, and support, drop-in center for ages 18-24, daily 6am-8:30pm, ryanshouseforyouth.org

St Hubert Church 360-221-5303
804 3rd St, Langley, sthubertchurch.org.

- **St Anthony's Soup Kitchen**, Wed 11am-1pm
- **A Smile & A Meal**, sthubert@whidbey.com email or call on Tue for Thu order delivery

South Whidbey Tilth 2812 Thompson Rd, Langley
Farmers Market, May-Oct, Sun 11am-3pm

Whidbey Island Nourishes 360-221-7787
winourishes@whidbey.com, School-Year Meal Program up to age 18, within school district boundaries. Choose a weekend of groceries or two read-to-eat sack lunches delivery on Thu

Women, Infants & Children text 360-544-2238
5475 Maxwellton Rd, Langley. Food, personal care, screenings, breastfeeding support, and more. Thu only

Crisis Hotlines

2-1-1 or 877-211-9274, wa211.org Statewide
24/7 confidential referrals to crisis support

9-1-1 call for threats to life, a fire, accident, or crime.
Non-emergencies: Langley Police 360-321-4400
Sheriff's Office, S. Whidbey 360-321-5113 x7350
tips@islandcountywa.gov
or South Whidbey Fire/EMS 360-321-1533

9-8-8 Suicide and Crisis lifeline, free & confidential
741-741 24/7 Crisis Text Line
800-584-3578 24/7 Crisis Line
360-678-7880 Island County Behavioral Health

800-215-5669, CADA 24/7 domestic violence support
360-675-2232, text LOVEIS to 22522

800-985-5990, Disaster Distress Helpline

866-488-7386, Trevor Project 24/7 LGBTQ+ support
text 678-678 or chat thetrevorproject.org/get-help

866-789-1511, Recovery help warecoveryhelpline.org

- **AA**, 888-360-1564, info@district46aawa.org
- **NA**, 360-647-3234, 24/7 support, nwscna.org

Housing & Shelter

CADA Emergency Shelter 360-675-7168

Confidential crisis, *not homeless*, shelter for women and children fleeing domestic violence, cadacanhelpp.org

Fairgrounds Campground 360-221-7950
819 Camano Ave, Langley. \$20 a night, 10 max, includes showers & bathrooms. portofsouthwhidbey.com

Island County Housing Support 360-678-8284
105 NW 1st St, Coupeville. Homeless or at risk of losing housing, walk-ins welcome. Mon-Thu 9am-3pm, islandcountywa.gov/890/Housing-Support-Center

Oxford Houses, oxfordhouse.org Sober recovery

- **Men** 360-246-4101 or 360-246-4124
- **Women & Children** 360-682-5773

Ryan's House for Youth 360-331-4575
19777 SR 20, Coupeville. Night-to-night emergency shelter and transitional housing for at-risk age 18-24, ryanshouseforyouth.org

Whidbey Homeless Coalition 360-708-4533
info@whidbeyhomeless.org.

- The Haven, Overnight Shelter, Coupeville. Must register daily at 3:30 pm, SPiN Cafe in Oak Harbor
- House of Hope, Emergency Housing, Langley. 90-day shelter for families and adults at risk of homelessness

Cleaning & Showers

All Washed Up Laundromat 630 2nd St #C
Langley. Coin operated, daily 7am-9pm

Island Athletic Club 360-331-2582
5522 Freeland Ave, Freeland. \$20 day pass for showers, pool, facility access. Mon-Thu 6am-8pm, Fri 6am-6pm, Sat 8am-4pm, Sun 10am-4pm, islandathleticclub.com

S. Whidbey Harbor Phil Simon Memorial Park
249 Warf St, Langley. Restrooms with showers, purchase tokens from Harbormaster, daily 9am-3pm

Ryan's House for Youth 360-331-4575
19777 SR 20, Coupeville. Showers, laundry facilities for ages 18-24, daily 6am-8:30pm, ryanshouseforyouth.org

SPiN Café 360-682-5949
1241 SW Barlow St, Oak Harbor. Limited showers and laundry services. spincafeoh.org

Clothing & Household

Family Resource Center 360-221-6808x4321
723 Camano Ave, Langley. School supplies, coats,, warm clothing, resource connections, Mon-Wed 9am-5pm, Thu 9am-noon, or by appt, readinesstolearn.org

Garage of Blessings 360-679-1239
800 SE Barrington Dr, Oak Harbor. Household goods, coats, clothing, toiletries, thegarageofblessings.com
Mon/Wed/Fri 11am-3pm, thegarageofblessings.com

Good Cheer Clinton Thrift Store 360-341-2880
Tue-Sat 11am-5pm, 11042 SR 525, goodcheer.org

Good Cheer Langley Thrift Store 360-221-6455
Tue-Sat 11am-5pm, 114 Anthes Ave, goodcheer.org

Habitat for Humanity Freeland 360-331-6272
1592 Main St, Freeland. Furniture and home supplies, Mon-Sat 10am-5pm, islandcountyhabitat.org

Habitat for Humanity Oak Harbor 360-675-8733
290 SE Pioneer Way, Oak Harbor. Furniture and home supplies, Mon-Sat 10am-5pm, islandcountyhabitat.org

Island Thrift 360-675-1133
600 SE Barrington Dr, Oak Harbor, Mon-Sat 9am-5:30pm, islandthrifttoakharbor.org

Senior Thrift 360-331-5701
5518 Woodard Ave, Freeland, Tue-Sat 10am-4pm, senior-resources.org

WAIF Freeland Thrift Store 360-321-9243 x1600
1660 Roberta Ave, Freeland. Mon-Sat 10am-5pm, Sun 11am-4pm, waifanimals.org

WAIF Oak Harbor Thrift Store 360-678-8900 x1400
465 NEMidway Blvd, Oak Harbor. Mon-Sat 10am-5:30pm, Sun 11am-3:30pm, waifanimals.org

Finances & Jobs

Goosefoot 360-321-4145
5611 Bayview Rd, Langley. Business and community development resources, goosefoot.org

Helping Hand of South Whidbey 360-221-7777
18341 SR 525, Freeland, Short-term bill assistance, M-F 9am-noon, helpinghandsofsouthwhidbey.org

Kids First Island County 888-969-4877
help@kidsfirst-ic.org, Clinton, PO Box 581, 98236.
Support and resources for kids in foster care

Northwest Workforce Council 360-676-1521
info@nwc-connect.org. Regional job search or career advancement coaching, planning, and training services

Opportunity Council 360-679-6577
231 SE Barrington Dr #100, Oak Harbor. Housing, job skills, utility assistance, and more. Mon-Thu 8:30am-4:30pm, Fri 8:30-noon, oppca.org/locations/island-county/whidbey-island-essential-needs

Ryan's House for Youth 360-682-5098
19777 SR 20, Coupeville. Job search help, resume reviews, food handlers and ID cards, case management, age 18-24, ryanshouseforyouth.org

Work Source Island 360-675-5966
nwc-connect@workforcenorthwest.org, 265 NE Kettle, #102, Oak Harbor. Job services, Mon-Fri 8am-5pm

Transportation

All Island Express Taxi 360-341-8294
8750 SR 525, Clinton. 24/7 service.

Island Transit 360-678-7771
19758 SR 20, Coupeville. Free bus, on-demand, paratransit, rideshare. Regular hours Mon-Fri, Reduced hours Sat-Sun, islandtransit.org

Northwest Regional Council 360-738-4554
Non-emergency Medicaid medical transport, must request 2 business days prior to appt, nwrcwa.org

South Whidbey Taxi 360-678-6666, 360-969-0788
Clinton to Greenbank, 27/7 service, call for reservations, southwhidbeytaxi.com

Washington State Ferries 888-808-7977
wsdot.com/ferries/schedule

- **Clinton to Mukilteo**, 4:40am-12:35am
- **Coupeville to Port Townsend**, 7:15am-9:10pm

Health & Wellness

Citizens Against Domestic & Sexual Abuse 360-675-7057
cada@whidbey.net. Confidential non-emergency support. Mon-Thu 9am-5pm, cadacanhelpp.org

Compass Health 360-678-5555
20 NW 1st St, Coupeville. Adult, child, and family outpatient services, compasshealth.org

Compass Health 360-682-4100
230 SE Cabot Dr #3, Oak Harbor. Children's Intensive Outpatient Treatment (WISe), compasshealth.org

Coupeville Lions Club coupevillelions.org
Medical equipment loans, eye glass and hearing aid financial support

Friends of Friends Medical Support Fund 360-221-4535
info@fomedicalsupportfund.org. Helps with unexpected dental, medical, mental health, vision, supplies, equipment, and prescriptions. Also ferry and gas vouchers, fomedicalsupportfund.org/get-help

Healing Circles 360-221-4101
534 Camano Ave, Langley. Mon-Fri 10am-2pm, healingcircleslangley.org

HOPE Therapeutic Riding Center 360-221-7656
819 Camano Ave, Langley, hope@whidbey.com, therapeutic horseback riding, hopewhidbey.com

Island Senior Resources 360-321-1600
14594 SR 525, Langley, 360-321-1600, Caregiver support, resources and coaching, in-home care, case management, Medical transport for registered users, Mon-Fri 8:30-4, senior-resources.org

- Medical Lending Library, Mon/Wed/Fri 1-4pm
- **State Health Insurance Benefits Advisors (SHIBA)** 800-562-6900 unbiased, confidential Medicare education and health insurance support
- Sea Mar Behavioral Health** 360-679-7676 830 SE Ireland St, Oak Harbor. Clinic and medication assisted treatment, Mon-Fri 8am-5pm, seamar.org
- Sea Mar Dental Clinic** 360-679-9216 926 E Whidbey Ave, Oak Harbor. Mon-Fri 8am-5pm, seamar.org
- South Whidbey at Home** 360-331-1971 1796 Main St, #104, Freeland, info@swathome.org. Helps residents age 55+ remain at home and connect with events, programs and services, M-F, 10am-2pm
- Sunrise Services** 360-544-3800 530 NE Midway Blvd, Oak Harbor. Outpatient behavioral health, sunriseservicesinc.com
- Washington Health Plan Finder** 800-562-3022 Free and low-cost health care, wahealthplanfinder.org
- WhidbeyHealth Clinton** 360-341-5252
- Walk-In Care**, 11245 SR 525, Clinton. Non-emergency x-rays, stitches, and lab services, Mon-Fri 7am-7pm, Sat 9am-5pm, whidbeyhealth.org
- WhidbeyHealth Coupeville** 360-682-2814
- Walk-In Care**, 77N Main St, Coupeville. Non-emergency x-rays, stitches, and lab services, Thu/Fri 7am-7pm, Sat 9am-5pm, whidbeyhealth.org

Child & Family Services

- Access to Baby & Child Dentistry** Statewide ages 0-6, via Washington Apple Health, abcd-dental.org
- Apple Health (Medicaid)** Statewide ages 0-6 and pregnant persons, wahealthplanfinder.org
- Child Care Aware** 800-446-1114 Childcare provider referrals, childcareawarewa.org
- Child Support Alternative Solutions** ... 800-604-1146 AlternativeSolutions@dshs.wa.gov. Assists parents with resources, lowering debt, and understanding process
- Mother Mentors** 360-321-1484 info@whidbeymothermentors.org. Caregiver mentoring and play support, mothermentors.org
- **North** 1148 SE 8th Ave, Oak Harbor Baby & Me, 0-16 months, Wed 12:30-2pm Play & Learn, ages 0-5, Wed/Thu/Fri 9:30-11am Toddler Tuesdays, 12-30 months, Tue 9:30-11am Parent Pantry 1st & 3rd Sat 9 to noon
- **South** 5476 Maxwellton Rd, Langley Baby & Me, 0-16 months, Tue 12:30-2pm Play & Learn, ages 0-5, We/Thu/Fri 9:30-11am Toddler Tuesdays, 12-30 months, Tue 9:30-11am Parent Pantry 2nd & 4th Sat 9 to noon
- New Baby, New Family** 360-678-7939 Care for families with newborns and pregnant persons. 9 months to get ready, postpartum support group, islandcountywa.gov/184/New-Baby-New-Family
- Parent to Parent** call/text 360-632-7539, t.wheeler-thompson@islandcountwa.gov, Support, info, and events for families with special needs individuals, islandcountywa.gov/198/Parent-to-Parent
- Parent Trust, Family Help Line** 800-932-4673 familyhelpline@parenttrust.org, 24/7 line for helpful hints, parent coaching, and resource referrals
- Steps (formerly TLC)** 360-679-1039 950 SE Regatta Dr, #101, Oak Harbor. Family support and services for children 0-3 w/developmental delays, Mon-Thu 9am-5pm, Fri 9am-2pm, takingstepstogether.org
- WhidbeyHealth Women's Care** 360-678-0831 109 NE Birch St, Coupeville. Speciality services for women of all ages, M-F 9am-5pm, whidbeyhealth.org
- Whidbey Island Women's Clinic** 360-675-2096 office@whidbeyislandwc.org, 670 SE Midway Blvd, Oak Harbor. Pregnancy and parenting services, Tue/Thu 10am-4pm, Wed noon-7pm, islandsppc.org

Early Learning & Schools

- South Whidbey School District** 360-221-6100 info@sw.wednet.edu
- **Elementary** 360-221-4600 5380 Maxwellton Rd, K-5th
- **Middle School & High School** 360-221-4300 5675 Maxwellton Rd, 6th-8th & 9th-12th
- **Alternative Programs** 360-221-6100 5476 Maxwellton Rd Alternative Learning Experience (ALE), 1st-8th Spokane Online Virtual Academy, K-12th South Whidbey Academy, 10th-12th
- **Food Service** 360-221-6808 x5371
- **Transportation** 360-221-5209
- Coupeville School District** 360-678-2400 communications@coupeville.k12.wa.us, 501 S Main St, Coupeville. Elementary, middle, high and alternative school programs
- Happy Day Childcare** 206-669-8139 happydaychildcare1@gmail.com, Freeland. Ages 0-5
- Island Christian Academy** 360-221-0919 5373 Maxwellton Rd, Langley, age 3 to preK, K-12, M-F, 8:30am-3pm, islandchristianacademy.com
- Oak Harbor Schools** 360-279-5000 briefs@ohsd.net, 350 S Oak Harbor St, Oak Harbor. Elementary, middle, high, and alternative programs
- Skagit Valley College** 360-675-6656 1900 SE Pioneer Way, Oak Harbor. GED, Running Start, high school and adult education programs, skagit.edu
- Sno-Isle TECH Skills Center** 425-348-2220 9001 Airport Rd, Everett. High school and college credit programs, sc.mukilteoschools.org
- South Whidbey Children's Center** 360-221-4499 director@wchildrenscenter.com, 126 6th St, Langley. Early childhood education, ages 1 to 5-1/2
- Weekdays S. Whidbey Preschool** 206-612-7122 6451 Harding Ave, Clinton. Ages 1-6, M-F, 8am-5pm, whidbey-preschool.com
- Wellington Day School** 360-341-1252 office@thewellingtonschool.org, 5719 Pioneer Park Pl, Langley. Preschool, K-8th
- Whidbey Island Waldorf School** 360-341-5686 info@wiws.org, 6335 Old Pietila Rd, Clinton. Preschool ages 0-6, grades 1-5 and 6-8, summer camps
- Woodhaven High School** 425-322-6443 info@woodhavenhs.org, 723 Camano Ave, Langley. Waldorf inspired high school

Social Connections

- Big Brothers Big Sisters** 360-279-0644 913 E Whidbey Ave, Oak Harbor, matches ages 6-16 with mentor. Also offers youth ages 6-24 program, Mon-Thu 9am-5pm, Fri by appt, bbbislandcounty.org
- The HUB After School** 360-221-0969 301 Anthes Ave, safe supportive social activities for middle and high school youth. Mon/Tue/Thu/Fri 2-6pm, Wed 1-6pm, thehubafterschool.org
- I Support the Girls** 360-678-2090 Essential health and hygiene items for women, girls, and folx, isupportthegirls.org/affiliates/whidbey-island
- Island Senior Resources** 360-321-1600 14594 SR 525, Langley. Multiple aging programs and services, Mon-Fri 8:30am-4pm, senior-resources.org
- Orca Network Whale Center** 360-221-7505 105 Anthes, Langle. Marine life education, exhibits, programs, Wed-Sun 11am-4pm, orcainetwork.org
- Pamoja Place** pamojaplacewhidbey@gmail.com
- Stronger Together**, 721 Camano Ave, Langley, Safe space for BIPOC people and allies to connect, collaborate and celebrate, M-F 10am-5pm, pamojaplace.org
- PFLAG** info@pflagwhidbeyisland.org Support for individuals, family, and friends of the LGBTQ+ community, pflagwhidbeyisland.org

- Ryan's House For Youth** 360-331-4575 Outreach to unhoused youth with connections, referrals, and trauma-informed support, ryanshouseforyouth.org
- Sno-Isle Libraries** sno-isle.org Public education programs, information research, free WiFi, computers, printing, and
- **Clinton**, 4781 Deer Lake Rd 360-341-4280 Tue-Sat 10am-6pm
- **Coupeville**, 788 NW Alexander St 360-678-4911 Mon-Sat 9am-6pm, Sun 1-5pm
- **Freeland**, 5495 Harbor Ave 360-331-7323 Mon-Sat 9am-6pm, Sun 1-5pm
- **Langley**, 104 2nd St 360-221-4383 Mon-Sat 10am-6pm
- **Oak Harbor**, 1000 SE Regatta Dr 360-675-5115 Mon-Thu 9am-8pm, Fri/Sat 10am-6pm, Sun 1-5pm

S. Whidbey CARES Coalition 360-221-6808 x3138 swcarescoalition@gmail.com, supportive partnership to reduce juvenile crime, youth substance use, and increase academic performance.

S. Whidbey Pride southwhidbeypride@gmail.com Unite, educate, engage, support, empower, and celebrate the LGBTQIA+ community and its allies, southwhidbeypride.org

South Whidbey Community Center 360-221-0663 info@southwhidbeycommunitycenter.org, 723 Camano Ave, Langley. Art, education, recreation, and other programs, Mon-Thu 9am-4pm

Veterans Resource Center 360-331-8081 whidbeyvrc@gmail.com, 723 Camano Ave, Langley. Events, support, benefit help, Mon 10am-3:30pm, Tue/Wed/Thu 1-4:30pm, Sat by appt, whidbeyvrc.org

Veterans Services 360-632-2496 105 NW 1 St, Coupeville, Mon-Fri 8am-4:30pm, islandcountywa.gov/200/Veterans-Assistance

Whidbey Children's Theatre 360-221-8707 contact@wctmagic.org, 723 Camano Ave, Langley. Theatre productions, classes, and workshops fostering creativity and teamwork, Tue-Thu noon-5pm

Whidbey Watershed Stewards 360-579-1272 info@whidbeywatersheds.org, 7015 Maxwellton Rd, Clinton. Hands-on environmental education to protect local watersheds and foster natural stewardship

WhidbeyTel 360-321-1122

- Free WiFi hotspots in Clinton, Freeland, and Langley
- Courtesy phone booths with free local calls

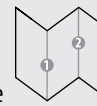
Outdoor Recreation

Island County Parks & Trails 360-679-7335 1 NE 7th St, Coupeville. Double Bluff, Freeland Park, Maxwellton Beach, Putney Woods, and many other options. islandcountywa.gov/216/Parks-Trails

Port of South Whidbey 360-331-5494 1804 Scott Rd # 303, Freeland. Bush Point Boat Ramp, Clinton Beach, Fairgrounds, Langley Harbor, and Possession Beach. portofsouthwhidbey.com

South Whidbey Park & Recreation 360-221-5484 **District**, swparks@swparks.org, 5476 Maxwellton Rd, C2, Langley. Community park, sports and recreation activities, trails, and lake access.

Fold.
like a Z for a
pocket guide



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and save to a
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About the Publisher



Windswept Isles LLC connects, collaborates, consults, and creates public service and publishing projects with communities around the Salish Sea.

For a PDF copy or guide updates, please contact:
 ☎ 360-499-6397 📮 PO Box 494, Langley, WA 98260
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Disclaimer: This guide is intended for informational purposes only. It is not legal advice. Verify details with resource providers. In case of an emergency, please refer to crisis hotlines for support.