

South Whidbey Resource Connection

Revised February 5, 2024



A guide to free and low-cost community programs & services.

Food, Nutrition & Meals

Basic Food Benefits Oak Harbor
Community Services Office, 275 Pioneer Way #201,
877-501-2233, washingtonconnection.org

Good Cheer Food Bank Bayview
2812 Grimm Rd, 360-221-4868, Households use points
to shop for at food bank store, and connect with other
community resources, Mon-Fri 10am-4pm, goodcheer.org

The HUB After School Langley
301 Anthes Ave, 360-221-0969, food and activities for
middle and high school youth. Mon/Tues/Thurs/Fri 2-6pm,
Wed 1-6pm, thehubafterschool.org

Island Church of Whidbey Soup Kitchen ... Langley
503 Cascade Ave, 360-221-6980, Tues/Thurs 11:30am-1pm,
icwhidbey.org

Island Senior Services senior-resources.org

• **Meals on Wheels**, meals@islandseniorservices.org or
360-672-6416 home delivered meals by noon.

• **Frozen Take-Out Meals**, Mon/Wed/Fri. 360-321-1600
to arrange a pick-up time

• **Brookhaven Community Meals** Langley
150 4th St, Thurs 5-5:45pm

• **Leo's Place Community Meals** Bayview
14594 SR 525, Hot lunches, Mon/Wed/Fri 11:45am-
12:30pm. Sack lunches, Tues 11:45am-12:30pm

Ryans House for Youth Whidbey

• **Coupeville**, 19777 SR 20, 360-331-4575, drop-in center
for adults age 18-24. Fun, food, and support, daily
6am-8:30pm, ryanshouseforyouth.org

• **Oak Harbor**, 35 SE Ely St, 360-682-5098, drop-in center
for youth age 12-21. Fun, food, and support, Mon-Fri
11am-7pm, ryanshouseforyouth.org

SPiN Café Oak Harbor
1241 SW Barlow St, daily 6:30am-5:30pm, spincafeoh.org

St Anthony's Soup Kitchen Langley
804 3rd St, 360-221-5303, sthubert@whidbey.com, Tues order
for home, Wed kitchen meals 11am-1pm, sthubertchurch.org

Whidbey Island Nourishes South Whidbey
winourishes@whidbey.com, 360-221-7787

• **School-Year Meal Program** families with school aged
children to 18, within the school district can choose
1) weekend **Groceries** or 2) **Read-to-eat** sack lunches.
Delivery on Thurs, whidbeyislandnourishes.org

• **Self-serve** youth and others in need can request a sack
lunch from the Good Cheer Food Bank, Mon-Fri 10am-4pm

Women, Infants & Children (WIC) Langley
Parks & Rec Office, 5475 Maxwellton Rd, call 360-221-8880
or text 360-544-2238. Food, personalized care, health
screenings, breastfeeding support, and more! Thurs only

Crisis Life Lines

2-1-1 or 877-211-9274, wa211.org Statewide
24/7 confidential referral to crisis programs and services

9-1-1 call for threats to life, a fire, accident, or crime.
Non-emergencies call: Langley Police 360-321-4400
or Sheriff's Office, South Whidbey ... 360-321-5113 x7350

9-8-8 Suicide and Crisis lifeline, free & confidential
741-741 24/7 Crisis Text Line
800-584-3578 24/7 Northwest WA Crisis Services
360-678-7880 Island County Behavioral Health

866-789-1511, warecoveryhelpline.org, Recovery help
800-215-5669, 360-675-2232, text LOVEIS to 22522,
CADA 24/7 confidential domestic violence crisis support

Trevor Project 866-488-7386, text 678-678, or chat
thetrevorproject.org/get-help, 24/7 support for LGBTQIA2S+

Bayview Farmers Market Bayview
5642 Bayview Rd, bayviewfarmersmarket@gmail.com,
Sat 10am-2pm, April 27-Oct 19, bayviewfarmersmarket.com

South Whidbey Tilth Farmers Market Bayview
2812 Thompson Rd, Sun 11am-3pm, April 28-Oct 13,
southwhidbeytilth.org

Housing & Shelter

CADA Emergency Shelter Whidbey
Confidential crisis *not* homeless shelter for women and
children fleeing domestic violence, cadacanhelpp.org

Fairgrounds Campground Langley
CLOSED! Check portofsouthwhidbey.com for updates

Island County Housing Support Coupeville
105 NW 1st St, 360-678-8284, homeless or at risk of losing
housing, Mon-Thurs 9am-3pm, [islandcountywa.gov/890/
Housing-Support-Center](http://islandcountywa.gov/890/Housing-Support-Center)

Ryans House for Youth Coupeville
19777 SR 20, 360-331-4575, ryanshouseforyouth.org

• **Night-to-night Emergency Shelter and
Transitional Housing** for at-risk adults age 18-24

Whidbey Homeless Coalition Island County
360-900-3077, info@whidbeyhomeless.org

• **Overnight Shelter - The Haven** Coupeville
Night-to-night shelter. Up to 30 individuals. Must register
Mon-Fri 4:00-4:30pm, at SPiN Cafe, 1241 SW Barlow St,
Oak Harbor. Must check-in rules at whidbeyhomeless.org

• **Emergency Housing - House of Hope** Langley
temporary shelter for families and adults at severe risk
homelessness, to apply contact the Housing Support
Center or call 360-708-4533

Oxford Houses Island County
Visit oxfordhouse.org to learn about recovery housing

• **Men** 360-246-4101

• **Women & Children** 360-682-5773

Cleaning & Showers

All Washed Up Laundromat Langley
630 2nd St #C, coin operated, daily 7am-9pm

Island Athletic Club Freeland
5522 Freeland Ave, 360-331-2582. \$20 day pass for showers,
pool, equipment access. Mon-Thurs 6am-8pm, Fri 6am-6pm,
Sat 8am-4pm, Sun 10am-4pm, islandathleticclub.com

Langley Marina Phil Simon Memorial Park
249 Warf St, restrooms with showers, 1 token = 2 minutes,
purchase tokens from Harbormaster, daily 9am-3pm

Ryans House for Youth Coupeville
19777 SR 20, 360-331-4575, showers, laundry facilities for
adults age 18-24, daily 6am-8:30pm, ryanshouseforyouth.org

SPiN Café Oak Harbor
1241 SW Barlow St, 360-682-5949, spincafeoh.org

• **Laundry**, 75 SE Barrington Dr, Dutch Maid Laundry & Dry
Cleaning, Thurs 6:15-8am

• **Showers**, sign-up at Day Shelter, 1241 SW Barlow St

Clothing & Household Items

Family Resource Center Langley
723 Camano Ave, 360-221-6808x4321, school supplies, coats
for kids, warm clothing, resource connections, Mon-Wed
9am-5pm, Thurs 9am-noon, or by appt, readinesstolearn.org

Garage of Blessings Oak Harbor
800 SE Barrington Dr, 360-679-1239, household goods, coats,
clothing, teen dresses, toiletries, school, supplies, baby &
kid items, food pantry, mentoring and more, Mon/Wed/Fri
11am-3pm, thegarageofblessings.com

Good Cheer Thrift Stores goodcheer.org
Tues-Sat 11am-5pm, 1st Tues \$10 for 10 clothing sale, senior
55+ discount, and more

• **Langley**, 360-221-6455 114 Anthes Ave

• **Ken's Korner**, 360-341-2880 11042 SR 525

Habitat for Humanity islandcountyhabitat.org
Furniture and building supplies, home ownership, home
repairs, Mon-Sat 10am-5pm

• **Freeland**, 360-331-6272 1592 Main St

• **Oak Harbor**, 360-675-8733 290 SE Pioneer Way

Island Thrift Oak Harbor
600 SE Barrington Dr, 360-675-1133, Mon-Sat 9am-
5:30pm, islandthriftoakharbor.org

Second Hand Booty Clinton
4777 Commercial St, 206-552-4904, daily 11am-5pm

Senior Thrift Freeland, senior-resources.org
5518 Woodard Ave, 360-321-1600, Tues-Sat 10am-4pm

WAIF Thrift Stores waifanimals.org
Mon-Sat 10am-5pm, Sun 11am-3:30pm

• **Freeland**, 360-678-8900 x1600 1660 Roberta Ave

• **Oak Harbor**, 360-678-8900 x1400 ... 465 NE Midway Blvd,

Whidbey Island Angels Freeland
1689 Main St, food pantry, clothing, shoes, bedding, baby
stuff, household items, toiletries, and more, Tues-Sat 11am-
4pm, whidbeyislandangels.godaddysites.com

Job & Financial Support

Goosefoot Langley
5611 Bayview Rd, 360-321-4145, offers an array of business
and community development resources, goosefoot.org

Helping Hand of South Whidbey Freeland
18341 SR 525, 360-221-7777, short-term household bill
assistance, M-F 9am-noon, helpinghandofsouthwhidbey.org

Kids First Clinton
PO Box 581, 98236, help@kidsfirst-ic.org, 888-969-4877,
concrete supports and resources for kids in foster care

Ryans House for Youth Whidbey
job search help, resume reviews, food handlers and ID cards,
case management, ryanshouseforyouth.org

• **Coupeville**, 19777 SR 20, 360-331-4575, drop-in center
for adults age 18-24, daily 6am-8:30pm

• **Oak Harbor**, 35 SE Ely St, 360-682-5098, drop-in center
for youth age 12-21, Mon-Fri 11am-7pm

Northwest Workforce Council Regional
nwc-connect.org, Job search or career advancement
coaching, planning, and training services

Work Source Island Oak Harbor
265 NE Kettle, #102, 360-675-5966, info@nwc-connect.org,
employment services, Mon-Fri 8am-5pm, worksourcewa.com

Opportunity Council Island County
360-679-6577, Household bills, one-time extraordinary
costs like home appliance or auto repair, [opcca.org/locations/
island-county/whidbey-island-essential-needs](http://opcca.org/locations/island-county/whidbey-island-essential-needs)

Transportation

All Island Express Taxi Clinton
360-341-8294, all-island-express-taxi-llc.business.site

Island Transit islandtransit.org
360-678-7771, Free fixed bus routes paratransit, on demand,
rideshare, and, full service Mon-Fri, reduced service Sat/Sun

Northwest Regional Council Regional
360-738-4554, Non-emergency transport for Medicaid
recipients, 2 business day notice required, nwrwa.org

Safe Ride Home S. Whidbey
360-395-8714 Emergency rides, safe, confidential, by
donation, safetidehomewhidbeyisland.com

South Whidbey Taxi Clinton to Greenbank
360-678-6666, 360-969-0788, reservations available 24/7,
southwhidbeytaxi.com

Washington State Ferries Regional
888-808-7977, daily 7am-5:30pm, wsdot.com/ferries/schedule

• **Clinton/Mukilteo**, 4:40am-12:30am

• **Coupeville/Port Townsend**, 7:15am-9:10pm

Health & Wellness

Compass Health compasshealth.org

• **Coupeville** 20 NW 1st St
360-678-5555, adult, child, and family outpatient services

• **Oak Harbor** 230 SE Cabot Dr #3
360-682-4100, child outpatient treatment services

CADA Citizens Against Domestic Abuse Whidbey
360-675-7057, cada@whidbey.net, Mon-Thurs 9am-5pm,
for confidential non-emergency assistance, cadacanhelpp.org

Friends of Friends Medical Support S. Whidbey 360-221-4535, info@fomedicalsupportfund.org, medical related expenses paid direct to providers. Assists with prescriptions, equipment, lab fees, appointments, and treatment transport, fomedicalsupportfund.org/get-help

Healing Circles Langley 534 Camano Ave, 360-221-4101, Mon-Fri 10am-2pm, Roots of Wellness, 432 3rd St, healingcircleslangley.org

HOPE Therapeutic Riding Center Langley 819 Camano Ave, 360-221-7656, hope@whidbey.com, therapeutic horseback riding for children and adults facing special challenges, hopewhidbey.com

Island Senior Resources Bayview 14594 SR 525, 360-321-1600, Statewide Health Insurance Benefits Advisors. In-home care, case management, resources, coaching. Medical transport-no wheelchairs, register & schedule 2 weeks in advance. Medical equipment lending library, Mon/Wed/Fri 1-4pm, senior-resources.org

Lions Club Coupeville & Oak Harbor Medical equipment loans, coupevillelions.org & ohlions.org

Sea Mar, seamar.org Oak Harbor

• **Dental Clinic**, 926 E Whidbey Ave, 360-679-9216, Mon-Fri 8am-5pm

• **Behavioral Health/Medication Assisted Treatment** 830 SE Ireland St, 360-679-7676, Mon-Fri 8am-5pm

South Whidbey at Home Freeland 1635 Main St, #A1, 360-331-1971, helping residents age 55+ remain at homes and connect with events, programs and services, M-F, 10am-2pm, swathome.org

Substance Use Support Regional

• **AA**, 888-360-1564, district46aawa.org

• **NA**, 360-647-3234, nwscna.org

• **Opioid Outreach**, 360-499-5552, 360-914-2362

Sunrise Services... sunriseservicesinc.com, 360-544-3800

• **Coupeville**, 107 S Main St, C102, Health Homes, Geriatric Transitions and Expanded Community Services

• **Oak Harbor**, 530 NE Midway Blvd, Behavioral Health

Washington Health Plan Finder Statewide 855-923-4633, free and low-cost health care coverage, wahealthplanfinder.org

Whidbey Health Walk-In Care whidbeyhealth.org non-emergency x-rays, stitches, and lab services

• **Clinton**, 11245 SR 525, 360-341-5252, Mon-Fri 7am-7pm, Sat 9am-5pm

• **Coupeville**, 77 N Main St, 360-682-2814, Thur-Fri 7am-7pm, Sat 9am-5pm

• **Oak Harbor**, 1300 Goldie Rd, 360-679-5590, Mon-Fri 7am-7pm, Sat 9am-5pm

Social Connections

Big Brothers Big Sisters Oak Harbor 913 E Whidbey Ave, 360-279-0644, matches ages 6-16 with mentor, also offers DINO (Dabble In New Opportunities) program for youth ages 6-24, Mon-Thurs 9am-5pm, Fri/Sat by appt, bbbsislandcounty.org

The HUB After School Langley 301 Anthes Ave, 360-221-0969, safe supportive social activities for middle and high school youth. Mon/Tues/Thurs/Fri 2-6pm, Wed 1-6pm, thehubafterschool.org

I Support the Girls Whidbey DASH (Dignity-Aide-Safety-Hygiene) kits for women, girls and folx, isupportthegirls.org/affiliates/whidbey-island/

Island Senior Resources Bayview 14594 SR 525, 360-321-1600, offers many aging programs, services, and supports, Mon-Fri 8:30am-4pm, senior-resources.org

Pamoja Place Stronger Together Langley 721 Camano Ave, pamojaplacewhidbey@gmail.com, safe space for BIPOC people and allies to connect, collaborate and celebrate cultures, M-F 10am-5pm, pamojaplace.org

PFLAG Whidbey Support for individuals, family, and friends of the LGBTQIA2S+ community, info@pflagwhidbeyisland.org

Ryan's House For Youth Whidbey 360-331-4575, ryanshouseforyouth.org. Street based outreach or unshoused youth with connection, referrals, trauma-informed, and transportation via outreach vehicles

Sno-Isle Libraries sno-isle.org Public libraries with educational programs, information research, free WiFi, computers, printing, and much more

• **Clinton** 4781 Deer Lake Rd 360-341-4280, Tue-Sat 10am-6pm

• **Coupeville** 788 NW Alexander St 360-678-4911, Mon-Sat 9am-6pm, Sun 1-5pm

• **Freeland** 5495 Harbor Ave 360-331-7323, Mon-Sat 9am-6pm, Sun 1-5pm

• **Langley** temporary location - 723 Camano Ave 104 2nd St - undergoing remodel for 2024, 360-221-4383, Mon/Wed 10am-7pm, Tues/Thurs/Fri/Sat 10am-6pm

• **Oak Harbor** 1000 SE Regatta Dr 360-675-5115, Mon-Thurs 9am-8pm, Fri/Sat 10am-6pm, Sun 1-5pm

South Whidbey CARES Coalition S. Whidbey swcarescoalition@gmail.com, 360-221-6808 x3138, supportive community partnership to reduce juvenile crime, youth substance and increase academic performance

South Whidbey Community Center Langley 723 Camano Ave, 360-221-0663, Community art, education, recreation, social services programs, Mon-Thurs 9am-4pm, info@southwhidbeycommunitycenter.org

Veterans Resource Center Langley 723 Camano Ave, 360-331-8081, whidbeyvrc@gmail.com Events, support groups, benefit help, Mon 10am-3:30pm, Tues/Wed/Thur 1-4:30pm, Sat 9am-1pm, whidbeyvrc.org

Veterans Services Coupeville 105 NW 1 St, 360-678-7880, Mon-Fri 8am-4:30pm, islandcountywa.gov/200/Veterans-Assistance

WhidbeyTel South Whidbey, whidbeytel.com

• Free public WiFi hotspots in Clinton, Freeland & Langley

• Phone booths with free local calls to 221, 222, 321, 331, 341, 579, and 730 prefixes

Child & Family Services

Access to Baby & Child Dentistry Statewide ages 0-6, via Washington Apple Health, abcd-dental.org

Apple Health (Medicaid) Statewide ages 0-6 and pregnant persons, wahealthplanfinder.org

Child Care Aware Statewide 800-446-1114, childcare info and provider referrals, childcareawarewa.org

Mother Mentors Whidbey 360-321-1484, info@whidbeymothermentors.org, mentoring and play support for mothers, fathers, and other parental caregivers, mothermentors.org

• **Oak Harbor** 1148 SE 8th Ave Toddler Tuesday, 12-30 months, Tues 9:30-11am Playscape Play & Learn, ages 0-5, Tues 12:30-2pm, Wed 9:30-11am, Fri 9:30-11am Baby & Me, 0-16 months, Wed 12:30-2pm Parent Pantry, Sat 9am-1pm

• **Langley** 5476 Maxwellton Rd Toddler Tuesday, 12-30 months, Tues 9:30-11am Playscape Play & Learn, ages 0-5, Tues 12:30-2pm, Wed 9:30-11am, Fri 9:30-11am Baby & Me, 0-16 months, Thurs 12:30-2pm

New Baby, New Family Island County 360-678-7939, lbezold@islandcountywa.gov, Care for families with newborns and pregnant persons. 9 months to get ready, breastfeeding class, new mother's group, islandcountywa.gov/184/New-Baby-New-Family

Parent to Parent Island County 360-632-7539, t.wheeler-thompson@islandcountwa.gov, Support, info, and events for parents and children with special needs, islandcountywa.gov/198/Parent-to-Parent

Parent Trust, Family Help Line 800-932-4673 or familyhelpline@parenttrust.org, 24/7 line for helpful hints, parent coaching, and resource referrals

Steps Oak Harbor 950 SE Regatta Dr, #101, 360-679-1039, support and services for children 0-3 with developmental delays and their families, takingstepstogether.org

Whidbey Island Women's Clinic Oak Harbor 670 SE Midway Blvd, 360-675-2096, office@whidbeyislandwc.org, Pregnancy and parenting services, Tue/Thurs 10am-4pm, Wed noon-7pm, islandspcc.org

Early Learning & Schools

South Whidbey School District sw.wednet.edu

• **Elementary** 360-221-4600 5380 Maxwellton Rd, K-5th

• **Middle School** 360-221-4300 5675 Maxwellton Rd, 6th-8th

• **High School** 360-221-4300 5675 Maxwellton Rd, 9th-12th

• **Alternative Programs** 360-221-6100 Alternative Learning Experience (ALE), 1st-8th Spokane Online Virtual Academy, K-12th South Whidbey Academy, 10th-12th

• **Food Service** 360-221-6808 x5371

• **Transportation** 360-221-5209

Coupeville School District coupeville.k12.wa.us 501 S Main St, 360-678-2400, Elementary, middle, high and alternative school programs

Happy Day Childcare Freeland 206-669-8139, Happydaychildcare1@gmail.com, ages 0-5, Mon-Fri 7:30am-5pm, happydaychildcare.org

Island Christian Academy Langley 5373 Maxwellton Rd, 360-221-0919, age 3 to preK, K-12, M-F, 8:30am-3pm, islandchristianacademy.com

Oak Harbor Schools ohsd.net 350 S Oak Harbor St, 360-279-5000, elementary, middle, high, and alternative programs

Skagit Valley College Oak Harbor 1900 SE Pioneer Way, 360-675-6656, Running Start high school and adult education programs, skagit.edu

Sno-Isle TECH Skills Center Everett 9001 Airport Rd, 425-348-2220, high school and college credit programs, snoisletech.com

South Whidbey Children's Center Langley 126 6th St, 360-221-4499, early childhood education, ages 1 to 5-1/2, M-F, 7am-5:30pm, swchildrenscenter.com

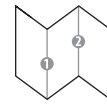
Weekdays South Whidbey Preschool Clinton 6451 Harding Ave, 206-612-7122, ages 1-6, M-F, 8am-5pm, whidbeypreschool.com

Wellington Day School Bayview 5719 Pioneer Park Pl, 360-341-1252, preschool, K-8th, thewellingtonschool.org

Whidbey Island Waldorf School Clinton 6335 Old Pietila Rd, 360-341-5686, preschool ages 0-6, grades 1-5 and 6-8, summer camps, wiws.org

Woodhaven High School Langley 723 Camano Ave, 360-227-6738, info@woodhavenhs.org Waldorf inspired high school, M-Th 9am-2pm

Fold...
like a Z for a pocket guide



Scan...
and save to a smart device



About the Publisher

Windswept Isles Consulting, creating and connecting with Salish Sea communities since 2013, 360-499-6397, windsweptisles@whidbey.com, PO Box 494, Langley 98260 Please contact me for a PDF copy or resource update requests. Support this guide and other community-minded consulting projects at paypal.me/windsweptisles

NOTE: This guide designed and distributed freely, it is not a complete list of resources. Contact service providers for current hours, days, events, and programs. Use a crisis life line if you, or someone you know, is experiencing an emergency.