

South Whidbey Resources



Clinton • Langley • Freeland

A guide to free or low-cost services and support for individuals and families within the South Whidbey School District

Updated February 19, 2023

Food and Meals

Good Cheer Food Bank..... Bayview
2812 Grimm Rd, 360-221-4868, shop at this grocery-style food bank to fill household needs, Mon to Fri 10am-4pm. For a shopping list visit goodcheer.org

The HUB After School..... Langley
301 Anthes Ave, United Methodist Church basement, 360-221-0969, free food and activities for middle to high school youth. Mon, Tues, Thurs and Fri 2:30-5:30pm, Wed 1-5:30pm, thehubafterschool.org

Island Church Soup Kitchen..... Langley
503 Cascade Ave, 360-221-6980, Tue & Thurs 11:30am-1pm, islandchurchofwhidbey.org

Leo's Place Community Meals..... Bayview
14594 SR 525, Island Senior Resources, lunch every Wed 11:45am-12:30pm, senior-resources.org

Meals on Wheels..... Whidbey
360-678-3373 or meals@islandseniorservices.org, Island Senior Resources, provides meals to anyone 60+ unable to shop for and/or prepare a full meal, senior-resources.org/meals-on-wheels

Ryan's House..... ryanshouseforyouth.org

• **Coupeville**, 19777 SR 20, 360-331-4575, drop-in center with fun, food, friends, and support for young adults ages 18-24, daily 6am-8:30pm

• **Oak Harbor**, 35 SE Ely St, 360-682-5098, drop-in center with fun, food, friends, and support for youth ages 12-21, Mon to Fri 11am-7pm

SPiN Café..... Oak Harbor, spincafeoh.org

• **Sack lunch**, 555 SE Regatta Dr, St Stephen's Day Shelter, Mon to Fri 6:30am-5:30pm

• **Sack meals**, 256 Bayshore Dr, Hal Ramaley Memorial Park, Sat & Sun 12:15-1:15pm

St Anthony's Soup Kitchen..... Langley
804 3rd St, St Hubert Catholic Church, 360-221-5383, sthubert@whidbey.com, Wed 11am-1pm, pre-ordered A Smile & A Meal by request, sthubertchurch.org

Whidbey Island Nourishes..... South Whidbey
360-221-7787, whidbeyislandnourishes.org, free school-year weekend meal program, Sept 1 to June 15

• **Groceries**, a weekend's worth of lunch-based grocery items every Thurs

• **or Ready-to-eat**, two sack lunches every Thurs

Women, Infants & Children..... Langley
5475 Maxwellton Rd, Parks & Rec Office, call 360-221-8880 or text 360-544-2238. Free food and young children, dads are welcome too! Thurs only

Crisis Support

2-1-1 or 877-211-9274 Statewide
24/7 free confidential connections to needed services and supports such as utility assistance, food, housing, health, child care, after school programs, elder care, crisis intervention and much more, wa211.org

9-1-1 call if a person's life is in danger, or you see a fire, accident, or crime. For non-emergencies call:

Langley Police 360-321-4400
Sheriff's Office, Freeland 360-321-5113 x7310

9-8-8 call for free and confidential suicide prevention to support people in distress or crisis

741-741 Free 24/7 Crisis Text Line
800-584-3578 24/7 Regional Crisis Services
360-678-2346 County Outreach Behavioral Health

Housing and Shelter

Housing Support Center..... Coupeville
CONTACT THIS RESOURCE FIRST! 105 NW 1st St, 360-678-8284, assists homeless or at risk of being homeless. Identifies programs and providers to best accommodate needs. Mon to Fri 9am-3pm

Fairgrounds Campground..... Langley
819 Camano Ave, 360-221-7950, fgdir@portofsouthwhidbey.com, 20 tent campsites and 30 RV sites, bathrooms and showers available, limited to 10 consecutive days/nights. Daily office hours 8am-4pm. For fees and rules see portofsouthwhidbey.com

Ryan's House For Youth..... Coupeville
19777 SR 20, 360-331-4575, 360-331-4575, night-to-night emergency and transitional housing options for at-risk young adults 18-24. Showers, laundry facilities, meals, emergency transport, food assistance and medical resources, ryanshouseforyouth.org

Whidbey Homeless Coalition... PO Box 453, Langley, 98260, 360-900-3077, whidbeyhomeless.org, housing support includes:

• **The Haven**..... Oak Harbor
Year-round night-to-night shelter. Up to 30 individuals. Must register between 5:00-5:20pm, Mon-Fri at SPiN Cafe, 555 SE Regatta Dr, Sat-Sun at Hal Ramaley Park, 526 SE Bayshore Dr, one bag per guest visit website for other house rules!

• **House of Hope**..... Langley
90-day shelter for families and single adults at severe risk of becoming homeless. To apply, first contact the Housing Support Center, if needed call 360-708-4533

• **The New Haven**..... Coupeville
For FAQ and updates visit whidbeyhomeless.org

Oxford Houses..... oxfordvacancies.com

• **Men's Recovery Home**..... Oak Harbor
360-246-4101 or 360-320-5862

• **Women's & Children's Home**..... Oak Harbor
360-682-5209 or 360-320-1797

Clothing and Supplies

Family Resource Center..... Langley
723 Camano Ave, 360-221-6808x4321, offers free and low cost supplies for students and families throughout the year, Mon to Wed 9am-5pm, Thurs 9am-noon, or by appt, readinesstolearn.org

Garage of Blessings..... Oak Harbor
800 SE Barrington Dr, 360-679-1239, Free household supplies, baby & kid items, coats, mentoring and more, Mon, Wed & Fri 11am-3pm, thegarageofblessings.com

Good Cheer Thrift Stores

• **Langley**, 360-221-6455 Anthes Ave & 2nd St

• **Ken's Korner**, 360-341-2880 11042 SR 525
Both stores open Tue to Sat noon-5pm, \$10 for 10 clothing sale first Tue monthly, goodcheer.org

Habitat for Humanity..... Freeland
1592 Main St, 360-331-6272, furniture and building supplies, Mon to Sat 10am-5pm, islandcountyhabitat.org

Second Hand Booty..... Clinton
4777 Commercial St, 206-552-4904, daily 11am-5pm

Senior Thrift..... Freeland
5518 Woodard Ave, 360-331-5701, Wed to Sat 10am-4pm, senior-resources.org

WAIF Freeland Thrift..... Freeland
1660 Roberta Ave, 360-321-9243x1600, Mon to Sat 10am-5pm, Sun 11am-4pm, waifanimals.org

Whidbey Island Angels..... Freeland
1689 Main St, pantry, household items, clothing, shoes, bedding, diapers, baby food, personal hygiene products, and more, free or by donation, Tues to Sat 11am-4pm, whidbeyislandangels.godaddysites.com

Cleaning and Showers

All Washed Up Laundromat..... Langley
630 2nd St #C, 360-221-5838, daily 7am-9pm

Phil Simon Memorial Park..... Langley Marina
249 Warf St, public restrooms with hot showers, 25 cents for two minutes, daily 10am-5pm

Island Athletic Club..... Freeland
5522 Freeland Ave, 360-331-2582. \$20 for a day pass, Mon to Thurs 6am-8pm, Fri 6am-6pm, Sat 8am-2pm, Sun 10am-4pm, islandathleticclub.com

SPiN Café..... Oak Harbor

• **Laundry**, 75 SE Barrington Dr, Dutch Maid Laundry & Dry Cleaning, Thurs 6:15-8am

• **Showers**, limited, sign-up at SPiN Cafe's Day Shelter, 555 SE Regatta Dr, 360-682-5949, spincafeoh.org

Financial Support

Goosefoot..... Langley,
5611 Bayview Rd, Bayview School building, 360-321-4145, offers an array of community and business development resources, goosefoot.org

Helping Hand of South Whidbey..... Freeland
18341 SR 525, call for appt 360-221-7777, help with household bills, helpinghandofsouthwhidbey.org

Kids First..... Island County
PO Box 581, Clinton 98236, help@kidsfirst-ic.org SR 525, 888-969-4877, concrete supports, resources, and opportunities for kids in foster care, kidsfirst-ic.org

Ryan's House..... ryanshouseforyouth.org
help with ID card, food handlers card, job search, resume assistance, case management and more

• **Coupeville**, 19777 SR 20, 360-331-4575,

• **Oak Harbor**, 5 SE Ely St, 360-682-5098

Work Source Whidbey..... Oak Harbor
265 NE Kettle, #102, 360-675-5966, employment services, walk-ins welcome, Mon to Fri 8am-5pm info/nwc-connect.org

Opportunity Council..... NW Washington
Housing, utility bills, home repair, furniture, major appliances, and other. 360-679-6577, oppco.org/locations/island-county/whidbey-island-essential-needs

Transportation

All Island Express Taxi..... Clinton, 360-341-8294

Island Transit..... Island County, 360-678-7771
Free bus service, paratransit, and vanpools on island, regular routes Mon to Fri, limited service Sat, no service on Sun or government holidays, islandtransit.org

The Rock Taxi Cab..... Whidbey, 360-914-3250
therocktaxi.com

Safe Ride Home..... Whidbey, 360-395-8714
emergency rides only, safe, confidential, by donation, saferidehomewhidbeyisland.com

South Whidbey Taxi..... Clinton to Coupeville
360-678-6666, 360-969-0788, online reservations and rates, southwhidbeytaxi.com

Washington State Ferries..... Salish Sea
888-808-7977, daily 7am-5:30pm, wsdot.wa.gov/ferries

• **Clinton to Mukilteo**, sails every 30 min, 4:40am-12:30am

• **Coupeville to Port Townsend**, sails every 90 min, 7:15am-9:10pm

Social Connections

Big Brothers Big Sisters..... Oak Harbor
913 E Whidbey Ave, 360-279-0644, matches youth with community mentors, Mon to Thurs 9am-5pm, Fri & Sat by appt, bbbsislandcounty.org

Healing CirclesLangley
534 Camano Ave, 360-221-4101, drop-ins Mon to Wed
10am-5pm, healingcircleslangley.org

The HUB After SchoolLangley
301 Anthes Ave, United Methodist Church basement,
360-221-0969, safe supportive social activities for
middle and high school youth, Mon, Tues, Thurs & Fri
2:30-5:30pm, Wed 1-5:30pm, thehubafterschool.org

Island Senior ResourcesBayview
14594 SR 525, 360-321-1600, aging and disability
services and supports, Mon to Fri 8:30am-4pm,
senior-resources.org

Nar-Anon Family GroupLangley
301 Anthes Ave, 360-914-7695, United Methodist
Church, Fireside Room, Wed 6-7pm, nar-anon.org

PFLAGWhidbey
Support for individuals, family, and friends of the
LBGTQA+ community, info@pflagwhidbeyisland.org

Trevor Project Lifeline 866-488-7386, text 678-678,
or chat thetrevorproject.org/get-help

Ryan's House For YouthWhidbey
Street based outreach, connection, referrals, transport
and trauma-informed support. Look for Ryan's House
vehicles or call 360-331-4575, ryanshouseforyouth.org

Sno-Isle Libraries sno-isle.org
in-person and contact-free services, online resources,
community and education programs, free WiFi,
computers, printing, information research, and more

• **Clinton** 4781 Deer Lake Rd
360-341-4280, Tue to Sat 10am-6pm

• **Coupeville** 788 NW Alexander St
360-678-4911, Mon to Sat 9am-6pm, Sun 1-5pm

• **Freeland** 5495 Harbor Ave
360-331-7323, Mon to Sat 9am-6pm, Sun 1-5pm

• **Langley** 104 2nd St
360-221-4383, Mon & Wed 10am-7pm, Tue, Thurs, Fri &
Sat 10am-6pm *remodel scheduled for 2023*

• **Oak Harbor** 1000 SE Regatta Dr
360-675-5115, Mon to Thurs 9am-8pm, Fri & Sat
10am-6pm, Sun 1-5pm

South Whidbey Community CenterLangley
723 Camano Ave, 360-221-0663, A welcoming space
that respects diversity and honors the community's
unique history by offering opportunities to explore
creative expression, learning, personal development,
and resources for individuals and families. Mon to Thurs
9am-4pm, southwhidbeycommunitycenter.org

Veterans Resource CenterLangley
723 Camano Ave, 360-331-8081, whidbeyvrc@gmail.com
events, support groups, benefit assistance, Mon & Wed
2-5pm, Sat 9am-1pm, whidbeyvrc.org

Veterans ServicesCoupeville
105 1 St NW, 360-678-7880, Mon to Fri 8am-4:30pm,
islandcountywa.gov

WhidbeyTel South Whidbey, whidbeytel.com

• Courtesy phone booths with free calls to local prefixes
221, 222, 321, 331, 341, 579, and 730

• Public WiFi hotspots in Clinton, Freeland & Langley

Health and Wellness

Compass Health compasshealth.org

• **Coupeville** 20 NW 1st St
360-678-5555, adult, child, and family outpatient
services

• **Oak Harbor** 230 SE Cabot Dr #3
360-682-4100, child outpatient treatment services

CADA Citizens Against Domestic Abuse Whidbey
800-215-5669, 360-675-2232, text LOVEIS to 22522,
24/7 free, confidential, crisis support for domestic
violence, sexual abuse, elder abuse, stalking, child
abuse or neglect. Translation available, cadacanhelpp.org

1 **Friends of Friends Medical Support**S. Whidbey
360-221-4535, medical-related expense assistance:
prescriptions, equipment, lab fees, appointments, and
treatment transportation. Paid to providers, previously
paid services not covered, fomedicalsupportfund.org

Island Senior ResourcesBayview
14594 SR 525, 360-321-1600, medical equi lending
library, Mon, Wed & Fri, 1-4pm, senior-resources.org

Lions ClubCoupeville & Oak Harbor
offers local residents variety of medical supports and
services, for details and contact information visit
coupevillelions.org & ohlions.org

Sea MarOak Harbor, seamar.org

• **Dental Clinic**, 31775 SR 20, #A-3, 360-679-9216,
Mon to Fri, 8am-5pm

• **Behavioral Health Clinic & Medication Assisted
Treatment**, 830 SE Ireland St, 360-679-7676,
Mon to Fri, 8am-5pm

Sunrise Services Oak Harbor
530 NE Midway Blvd, 360-544-3800, elderly, disability,
and mental health support, sunriseservicesinc.com

Washington Health Plan Finder Statewide
855-923-4633, apply for free - Apple Health - and low-
cost health care coverage, wahealthplanfinder.org

Whidbey Health Walk-in ClinicClinton
11245 SR 525, 360-341-5252, medical providers, x-rays,
stitches, and lab services. No appointment needed,
Mon to Fri 7am-7pm, Sat 9am-4pm, Sun, noon-4pm,
whidbeyhealth.org/clinics/walk-in-clinton-clinic

Child and Family Care

Access to Baby and Child Dentistry Oak Harbor
1791 NE 1st Ave, 360-678-8281, free care, ages 0 to 6,
free via Washington Apple Health, abcd-dental.org

Apple Orchard PreschoolCoupeville
541-513-2964, appleorchard879@gmail.com, ages 2½
to 5, Mon to Fri, 7:30am-5:30pm

Child Care Aware Statewide
Child care information and provider referrals,
800-446-1114, childcareawarewa.org

Ebey AcademyCoupeville
360-678-1859, lit1969@yahoo.com, ages 0 to 5, Mon to
Fri, 7:30am-5:30pm

ECEAPLangley
5830 Maxwellton Rd, 360-221-6808x2701, ages 3 to 4m
for low-income families, skagit.edu/eceap

Family Help Line **800-932-4673**
or familyhelpline@parenttrust.org, 24/7 line for helpful
hints, parent coaching, and resource referrals

Happy Day Childcare Freeland
206-669-8139, happydaychildcare1@gmail.com, ages 0
to 5, Mon to Fri, 6am-6pm, happydaychildcare.org

Mother MentorsWhidbey
360-321-1484, 888-265-6151, free mentoring and
play support for mothers, fathers, and other parental
caregivers, mothermentors.org

• **Playscape North**Oak Harbor, 1148 SE 8th Ave
Baby Me & We, Wed 12:30-2pm, 0-16 months
Play & Learn, Tue, Wed & Fri 9:30-11pm, ages 0-5
Parent Pantry, last Sat monthly 11am-1pm

• **Playscape South**Langley, 5476 Maxwellton Rd
Baby Me & We, Tue 12:30-2pm, 0-16 months
Play & Learn, Tue, Wed & Fri 9:30-11pm, ages 0-5
Parent Pantry, every other Sat 9am-1pm

New Baby New FamilyIsland County
360-678-7888, t.till@islandcountywa.gov, support for
pregnant mothers and families with a newborn

Parent 2 ParentIsland County
360-632-7539, t.wheeler-thompson@islandcountwa.gov
Support for parents and children with disabilities and
special needs

2 **South Whidbey Children's Center**Langley
126 6th St, 360-221-4499, 1-5 years, Mon to Fri 7am-
5:30pm swchildrenscenter.com

Toddler Learning CenterIsland & San Juan Counties
360-679-1039, therapy, education, and parent support
for children with developmental delays, ages 0 to 36
months of age, tlcwhidbey.org

Whidbey Island Women's Clinic Oak Harbor
670 SE Midway Blvd, 360-675-2096, office@whidbeyislandwc.org, free and confidential informed
pregnancy and family services, Tue & Thurs 10am-4pm,
Wed noon-7pm, islandsppc.org

Education and Schools

South Whidbey School District OfficeLangley
5520 Maxwellton Rd, 360-221-6100

• **Elementary North Campus** 360-221-4600

• **Elementary South Campus** 360-221-5100

• **Middle School** 360-221-4300

• **High School** 360-221-4300
South Whidbey Academy Grades 9-12

• **Alternative Programs** 360-221-6100
Alternative Learning Experience (ALE) Grades K-8,
and Spokane Virtual Academy,

• **Transportation** 360-221-5209

Island Christian AcademyLangley
5373 Maxwellton Rd, 360-221-0919, preschool to 12th
grade, islandchristianacademy.com

Wellington Day SchoolBayview
5719 Pioneer Park Pl, 360-341-1252, preschool to 8th
grade, after school and home school, wellington.school

Whidbey Island Waldorf SchoolClinton
6335 Old Pietila Rd, 360-341-5686, toddler to 8th grade
and summer camps, wiws.org

Woodhaven High SchoolLangley
723 Camano Ave, 360-227-6738, Waldorf inspired high
school, woodhavenhs.org

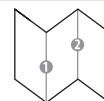
Coupeville School DistrictCoupeville
501 S Main St, 360-678-2400, elementary, middle, high
and alternative school programs, coupeville.k12.wa.us

Oak Harbor Schools Oak Harbor
350 S Oak Harbor St, 360-279-5000, preschool,
elementary, middle, high, alternative, virtual, and
home school programs, www.ohsd.net

Skagit Valley College Oak Harbor
1900 SE Pioneer Way, 360-675-6656, adult and high
school programs, Mon to Fri 9am-5pm, skagit.edu

Important Notes

Fold



Make a "Z" fold along lines
1 and 2. Fold in half for a
pocket-sized guide

Save



Scan the QR code to save
and use this resource
guide on a smart device

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contact 360-499-6397, windsweptisles@whidbey.com